

Understanding Regulations

This information is intended to serve as a general guide for making informed choices about the care and services provided in Assisted Living. It is not intended to take the place of visiting the Assisted Living Community, talking with residents or meeting with staff. If you have questions about any issue raised in this Disclosure Statement or in the Residency Agreement, please seek clarification from the Community and/or your advisor. Information in this Disclosure Statement is taken from the Continuum of Care and Assisted Living Rules and Act, Chapter 663.

Services and Fees

Assisted Living in Oklahoma is 100% private pay. Medicaid or Medicare funds are not accepted. Sources of payment are long term care insurance and private funds of the individual. The average cost of Assisted Living is at least \$2200 per month in Oklahoma.

You should expect Assisted Living Communities to provide clear information regarding their services and fees. Some communities may charge fees for services based on a resident's assessed level of needed services, while others may provide an "à la carte" menu of services. Be sure you understand what is included in the base monthly rate, what is provided for an additional charge, and circumstances under which fees/rates may increase, and the refund policy.

The Residency Agreement

The Assisted Living Community will provide you with a residency agreement to review and sign prior to move-in. Prospective residents should feel free to request a copy of the Community's residency agreement at any time. The residency agreement is required by regulation to include, at a minimum, the following information:

- Assisted Living name and address
- Admission Criteria
- Services provided by the Assisted Living Center
- Discharge Criteria
- Dispute resolution and grievance procedure
- Charges for services
- A provision that the written contract constitutes the entire agreement between the resident and the Assisted Living Center, not excluding marketing materials and state regulations
- Term, renewal and cancellation of the contract
- Conformity with state law
- A provision that in the event a resident's condition merits transfer, the transfer shall be initiated within 5 working days and the progress be noted in the resident's record.

Staffing

Assisted Living Communities are required to ensure that staffing levels meet the changing needs of their residents according to the agreement of services specified in the resident contract. Residents' needs, activity schedules, and special events, etc., determine appropriate staffing. The following minimum standards apply:

- Criminal background checks conducted on employees
- A registered nurse will oversee skilled nursing interventions, documentation of resident's physician and living will.
- Qualified staff for medication management
- Administrator with training commensurate with state law
- A dietitian or qualified nutritionist to develop diet plans
- All staff members providing socialization, exercise and activity services are qualified by training.
- Staff members working in specialized units are trained for the specialized needs of the residents

- All direct care staff shall be trained in CPR and first aid

Retention Criteria

The following list of situations WILL necessitate the termination of the residency agreement and transfer from the community. Assisted Living Communities are not licensed to provide 24-hour skilled nursing care. .

- The Resident's needs exceed the care or services available in the Assisted Living Center
- The resident's physician determines the need for physical or chemical restraints in situations other than emergencies
- The resident poses a threat to self or others
- The Assisted Living Center is unable to meet the resident's needs for privacy and dignity